



Our Accreditations



Organization Accredited
by Joint Commission International



Raja Rammohan Roy Road, Prarthana Samaj, Girgaon, Mumbai - 400004

Website: www.rfhospital.org | For general queries: info@rfhospital.org

TOLL FREE NO.: 1800-890-1111 | 24 HRS. EMERGENCY NO.: 022-35475005

© 2015 Sir H. N. Reliance Foundation Hospital and Research Centre; Content and images used herein are for illustration purposes only and should not be considered as a medical advice in any manner. The price/policies mentioned of Sir H. N. Reliance Foundation Hospital and Research Centre herein may be changed without any prior intimation at the sole discretion of Sir H. N. Reliance Foundation Hospital and Research Centre. Copying or reproducing the content and/or images herein without prior permission is a punishable offence under the Copyright Act 1957.



**SKIN HEALTH &
REJUVENATION CENTRE**

**SKIN HEALTH &
REJUVENATION
SERVICES**



Skin Health & Rejuvenation Centre

Skin Health & Rejuvenation Centre is the branch of medicine that involves the creation and appreciation of beauty whilst exploring the nature of art, beauty and taste. It encompasses a plethora of skin concerns related to ageing, hormonal imbalances and sun damage and lifestyle diseases. We offer the latest technologies, FDA approved treatments which are provided with cutting edge technologies.

SKIN



Thread Lift

Who are the Right Candidates for Thread Lift?

- Mild to moderate signs of ptosis of the skin
- Loss of tissue volume
- Development of fine lines and wrinkles
- Sagging eyebrows
- A relaxed / sagging mid-facial appearance
- Thinning of the lips
- Prominence of the jaw
- Slight bags under the eyes or on the neck
- Patients with some relapse from a previous procedure such as a facelift or neck lift
- Facial asymmetry
- Skin dehydration

Advantages of the Thread Lift

- Minimally invasive procedure: no incisions or stitches
- Only requires local anesthesia
- Reduced treatment time of 20 minutes
- Minimal post-treatment downtime
- Little to no side effects
- Overall improvement of skin quality
- Immediately visible results with improvement in time
- Dual action: Lifting and Rejuvenation
- Significant Result for long duration
- Safe to use with other aesthetic procedures (such as fillers)
- The individual patient assessment ensures the selection of the best thread and method to produce the desired effect



Skin Remodeling

Painless and precisely adapted to treat delicate areas.

- Radiance, clarity and smooth texture are the hallmarks of youthful skin.
- Using Alma's specially designed ClearLift™ laser treatment and high powered Near-infrared technology, Harmony's skin remodeling treatments rejuvenate mature skin enhancing your natural beauty and revealing smoother, younger and healthier-looking skin.
- The treatments are 'lunchtime procedures' that are **virtually painless with no downtime**, no need for pre-treatment anesthetic and are safe for all skin types.



Dermapen™

Q1 What are Dermapen™ micro-needling treatments?

- Dermapen 4™ is the 4th generation latest breakthrough micro-needling device with an advanced needle cartridge innovation, it uses an Advanced Oscillating Vertical Needle (AOVN) Technology that easily glides over the skin creating millions of fine “vertical” channels unlike other generic devices that have a sweeping movement (like the oars of the boat) which is less effective.
- It creates thousands of channels into the skin which in turn triggers our body’s natural response of repair.
- The multi-depth settings of the Dermapen 4™ easily works with multiple areas of the skin (especially the face) unlike the other devices that operates at one standard length irrespective of which area of the face is being treated.

Advantages:

- 1920 Channels made per second
- Virtually Painless
- Multi-Depth Settings for Comfort
- Perfectly Vertical Needling unlike Rollers
- No backflow, No Contamination

Advanced Technology: Speed, effectiveness, comfort-level and safety

Impressive Results: Successfully reduce signs of ageing, pigmentation, acne, stretch marks, etc.

Better Absorption: The micro-channels carry up to 80% more topical nutrients deeper into the skin

Q2 What are the Indications?

- Pigmentation
- Stretch Marks
- Hair Loss
- Acne
- Acne Scars
- Scarring



Q3 How many treatments are recommended with Dermapen 4™?

Rejuvenation*	3-6 treatments	6-8 weeks apart
Acne scarring	4-6 treatments	6-8 weeks apart
Stretch marks	4-8 treatments	6-8 weeks apart
Pigmentation	4-6 treatments	2-4 weeks apart

*Superficial treatments may be recommended at 4 weekly intervals.

Q4 Is the Dermapen 4™ Micro-Needling treatment painful?

- Traditional dermal rolling techniques were a painful treatment, requiring topical anesthetic (TLA).
- Our Revolutionary Dermapen 4™ has no comparison at all to these old methods! It creates an amazing 1920 micro-channels per second into your skin surface with virtually no pain and ground-breaking technology.
- Its treatments are the most comfortable, virtually pain-free micro-needling treatments available with no need for any anesthetic.
- Just lay back and enjoy stunning results.

Q5 How long should it take before I see results?

- Typically, you will see results soon after the first treatment with collagen build-up that continues for 3-6 weeks.
- Lasting and more significant results will become visible after 3 to 6 treatments (spaced 2-8 weeks apart) or as decided by your clinician.
- The condition of your skin will continue to improve over the next 6-12 months after a course of treatments, especially if combined with our post-treatment care.



Botox

- It is one of the most popular cosmetic procedure performed across the globe. Botulinum toxin is a purified protein, known to most as Botox (The oldest and best-known USFDA approved brand from Allergan, USA).
- Only a few units of Botox injection are adequate to relax the targeted muscles. The procedure involves painless injection of botulinum toxin given in under 30 minutes that magically eases the frown lines, crow's feet and all the tell-tale signs of ageing on the face, to reveal a creaseless, stress-free and relaxed appearance.
- The results take one week to set in and lasts for 4-6 months. Botox injections are quick to perform and practically painless with no downtime.
- It is also used to treat conditions of excessive palmar and axillary sweating which is known as Primary hyperhidrosis.
- Botox can help reveal a youthful and natural look if done in the right dosage and by a trained aesthetic dermatologist.



Derma Fillers

- Hyaluronic acid is the key component of the dermal fillers, it is a naturally occurring molecule abundantly found in the human body and popularly known for its lubricating properties.
- The dermal fillers are a non-surgical anti-ageing treatment which offers the most satisfying and pleasing results in wrinkle correction.
- They are minimally invasive procedures using fine needles to restore volume and enhance facial features.
- The skill and knowledge of the injecting doctor and the material of filler used determines the end result.
- The longevity of the fillers depends on a variety of factors including the indication being and material being used, typically we use only FDA approved fillers that last around a year and are safe. We believe in the principle of under correction to help you look natural.



Psoriasis / Vitiligo

- Psoriasis is a long-term chronic skin problem that causes skin cells to grow too quickly, resulting in thick, white, silvery or red patches of skin.
- Harmony's laser treatment provides psoriasis sufferers with an alternative solution that includes no pharmaceuticals and effectively treats psoriasis in just a few quick sessions.



Chemical Peel

- A chemical peel popularly known as derma peeling, is a non-invasive procedure for improving the appearance of skin on the face, neck, back and hands during a chemical peeling process.
- The pH of the skin is altered by applying a specialized skin acid preparation to the skin, which is left on for a specific duration of time and then neutralized or washed off.
- The type of chemicals used and depends on the condition of the skin being treated and results desired.
- A superficial peel is mild and only exfoliates the superficial layer of the skin, while a deep peel penetrates to the dermis and is indicated in cases of deep or treatment-resistant pigmentation.



Acne

Defeating active acne, with lasting results

- While there are many treatment options available for acne, both prescription and over-the-counter, these do not always work for everyone.
- When acne is particularly stubborn or severe, a more advanced solution may be needed.
- Harmony's acne laser treatment uses a combination of laser technology, simultaneous contact cooling for more comfortable treatment and a unique vacuum mechanism to treat all forms of acne vulgaris.
- The treatment is suitable for all skin types, has no side effects and achieves a clearer, smoother complexion with lasting results.



MIRapeel MD™

Unique in acting as the perfect transdermal delivery system: MIRArrollers make the openings in the pores (micro-openings in the epidermis to the DE junction), it is a fractional device, and the vacuum assisted application of the serums get a larger quantity of them deeper through the pore openings where you want the action to be!

New, comprehensive Cosmetic System with unique accessories designed to achieve novel 3D Skin Transdermal Delivery System.

Transdermal Delivery™ helps rejuvenate appearance, even skin-tone and texture for a photo-ready finish. It can also help reduce discoloration and can have a positive effect on fine lines, stretch marks and some scars.



Clear + brilliant

Clear+ Brilliant Perméa Handpiece: The Clear + Brilliant Perméa handpiece is optimized for brighter, more even skin tone and enhanced skin permeability for laser plus topical integrated treatments.

- Enhance skin permeability*
- Provide laser + topical skincare regimen ¹
- Visibility illuminated skin
- Even, more uniform tone

Clear+ Brilliant Original Handpiece: The Original Clear + Brilliant handpiece is optimized for preventing and addressing early signs of aging including skin texture, firmness and elasticity and pre-size appearance.

- Prevent early signs of aging
- Improve overall skin texture
- Minimize appearance of pore size
- Enhance firmness and elasticity

** Based on ex-vivo study.*

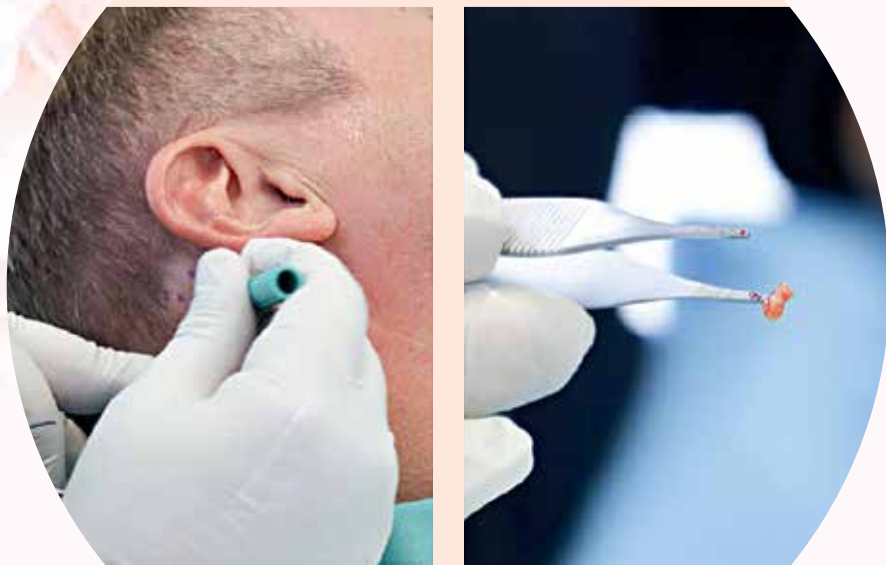
¹ C+B 1927nm Clinical Study, Final Phase II Results. 2012.

HAIR



PRP Therapy (Platelet Rich Plasma Therapy)

- Popularly known as the Vampire facial is the most opted for Hollywood treatment.
- It is a regenerative therapy, which uses nothing artificial but the patient's own blood.
- Platelets are tiny blood cells which play a crucial role in wound healing and tissue regeneration.
- It is used to improve the appearance of wrinkles, scars and stretch marks as well as to rejuvenate the under-eye area & face.
- It helps to plump and volumize facial contours and thus is the most popular natural anti-ageing treatment.



Autologous Micrografting protocol on Androgenetic Alopecia Management

What is AMT®?

Progenitor cells are a type of cells halfway between multipotent stem cells and specialized cells. They possess the potential to replicate, differentiate and secrete a set of factors that are specific to the type of tissue they belong to. AMT® uses the potential of progenitor and multipotent cells to secrete trophic and immunomodulatory factors in an impaired tissue that can benefit from their therapeutic power.

How is AMT® different to a PRP Treatment?

With the AMT® Protocol on AGA doctors obtain a micrograft solution that comes from skin biopsies that have the same embryological origin as the receptor site (homologous), meaning that the pathways activated with this procedure are much more specific than in a PRP treatment. Unlike PRP, the AMT® procedure generates a solution which contains not only growth factors, but also progenitor cells that remain in the patient's scalp. Those cells will be continuously delivering cytokines, chemokines and growth factors to enhance regenerative properties of the affected area, for years. As a result, the healing will be much more efficient, and the results will be better and last longer.



Regendra Activa

Regendra Activa is an innovative treatment procedure in which the scalp is injected with autologous micro grafts that are special suspension containing stem cells, growth factors and progenitor cells with extremely powerful regenerative properties. The treatment leads to stimulation of hair growth, hair thickening and inhibition of hair loss.

EFFECTS:

- Stimulating the growth of new hair
- Hair thickening
- Inhibition of hair loss
- Boosting the regeneration processes

INDICATIONS:

- Androgenic alopecia (baldness) in men
- Androgenic alopecia (baldness) in women
- Hair thinning
- Hair loss

The 5-step procedure takes Maximum 20 minutes to perform:

- Visible results in a single month
- Single session required
- US FDA Approved
- No Chemicals Used
- No Down Time

BODY



EMSCULPT® | Build muscle & sculpt your body

EMSCULPT is the next step towards the future of non-invasive body shaping.

Current procedures address fat and skin. But what about the patients who want to improve the tone and shape of their stomach or buttocks? After all, more than a third of their body is comprised of muscle.

EMSCULPT procedure is:

- The world's first procedure that simultaneously address both muscle & fat
- Revolutionary solution for a non-invasive butt lift
- Expanding your addressable patient population by:
 1. patients seeking improvement in MUSCLE & FAT
 2. patients who are not candidates for current body-shaping procedures
 3. patients looking for non-invasive BUTT lift alternative
- Backed by 20 peer-reviewed publications from across the world

TRUE GAME CHANGER

EMSCULPT is the world's first procedure to help both women and men burn fat, while toning the underlying muscle.

In addition, the EMSCULPT offers non-invasive butt lift procedure.

ATTRACTS NEW PATIENTS

- 20 PEER-REVIEWED PUBLICATIONS
- OVER 800000 TX GLOBALLY
- INSTALLED 2500 + UNITS WORLDWIDE



INMODE® INMODE PRO

A TOTAL BODY AND FACE NON-INVASIVE PLATFORM FOR DERMATOLOGISTS AND AESTHETIC PHYSICIANS

MODULAR

Upgradeable, supports multiple technologies including bi-polar RF, laser, MNRF and next generation IPL.

COMPREHENSIVE

Treatments for feminine health, hair removal, vascular, rejuvenation, tightening and contouring.



MORPHEUS

MORPHEUS bridges the gap between Co2 lasers, facelifts and fractional lasers with the ultimate in-patient results and downtime.

Designer Dermis

- Subdermal RF Micro-needling
- Fractional treatment up to 4 mm
- Extremely uniform effect
- Safe on all skin types including VI
- Resurfacing mode



BODY fx® MINI fx®

Non-Invasive Solution Targeting Fat without Leaving LAX skin. Provides full heat control and maximum safety.

The Fat Killer

- Simultaneous fat destruction, skin tightening and contouring
- Can treat all body areas
- Unique RF HPV technology
- Active temperature monitoring and control with cut-offs for unprecedented safety
- No consumables



FORMA® \ PLUS® FORMAV™

The Only Auto Adjusting Thermal Skin Treatment for Collagen Remodeling and Skin Contraction for the Face, Neck and Body Areas.

The Collagen Modeler

- Collagen and elastin remodeling combined with skin contraction
- Safe and effective body and facial tightening with automatic temperature control
- Unprecedented uniformity
- Can treat all body areas
- No consumables
- FormaV - for feminine health and vaginal contraction

LASER



Hair Removal

Virtually painless hair removal for all skin types, all-year round

- Harmony's SHR hair removal method uses groundbreaking technology to offer a simple, one-stop solution truly effective hair removal.
- SHR's unique gradual heating method effectively damages the hair follicles while avoiding injury to surrounding skin. The sweeping In-motion™ delivery technique keeps the laser in constant motion full coverage.
- Simultaneous contact cooling prevents burns and allows for more comfortable treatment and a specialized applicator allows your physician to treat large areas in less time.
- Whether you have light, dark or tanned skin, coarse or fine hair, Harmony achieves complete hair removal all areas of the body that's safe, quick and best of all - virtually painless.



Varicose and Spider Veins

Greater Precision for Clear-Cut Results

- Varicose and spider veins are blood vessels that become enlarged and visible due to weakened valves, which cause blood to pool rather than flow to the heart.
- Using advanced light, laser and Advanced Fluorescence Technology (AFT), Harmony targets the affected blood vessels beneath the skin, leaving you with smooth, clear skin and renews confidence.
- The treatments are safe, effective & non-invasive and provide reliable, long term results.



Tattoo Removal

- Unwanted dark and multi-colored tattoos can be safely and effectively eliminated with Harmony's laser tattoo removal treatment.
- Using a combination of laser wavelengths that target different ink colors, high-intensity light beams break up the ink particles in the tattoo, revealing clear, ink-free skin with minimal risk of scarring or hypopigmentation.



Hyperpigmentation

All-layer targeting of hyperpigmentation - including for dark skin

- Lifecycle and hormonal changes can affect the distribution of color (melanin) in our skin, leading to the appearance of sun spots, age spots, or melisma - a dark, patchy facial discoloration condition.
- Harmony's light-based and laser treatments remove the appearance of spots and pigmentation by targeting the melanin in the darkened area, clearing all layers of the pigmentation, and revealing even-toned, unblemished skin. The treatments are specially designed for patient comfort and are safe and effective for all skin types, including dark skin.



Tone & Texture

Smooth, balanced skin - with minimal downtime

- As we age, the tone and texture of our skin changes. Fine lines and wrinkles begin to appear, age spots and blemishes may develop and the texture of our skin can become coarse and uneven.
- Harmony's Tone & Texture treatments use light and laser-based skin resurfacing technologies to smooth out and balance the skin-improving overall skin tone, elasticity and texture and reducing superficial pigmentation and pore size, while helping to bolster the skin against future aging.
- Results can be augmented even further with Harmony's exclusive Impact™ module, using acoustic wave technology to deliver specially-designed topical ingredients to the deeper layers of the skin.
- The treatments are safe and effective, and all suitable for all skin types.

HOW TO REACH US

Skin Health & Rejuvenation Centre
Ground Floor, Kapol Niwas
Contact No.: +91 8928492540