



RESPECT FOR LIFE

BALANCE FOR BETTER WELLNESS IN WOMEN

Date - 9th March 2019

Time - 2:00 pm - 5:00 pm

Venue - Convention Centre, 1st Floor, Kapol Niwas,
Sir H. N. Reliance Foundation Hospital and Research Centre

Interactive Sessions with our Expert panellist:

Time	Topic	Speaker
2:00 pm - 2:30 pm	Registration	
2:30 pm - 2:45 pm	Abnormal Bleeding and More	Dr. Asha Dalal
2:45 pm - 3:00 pm	Managing Menopause	Dr. Rekha Daver
3:00 pm - 3:15 pm	Pelvic Floor Problems	Dr. Ashwin Shetty
3:15 pm - 3:45 pm	Exercise after 40+	Dr. Aashish Contractor
3:45 pm - 4:00 pm	Nutrition after 40+	Dr. Eileen Canday
4:00 pm - 4:30 pm	Question & Answers	
4:30 pm onwards	Hi-tea	

RSVP - 9920458199



www.rfhospital.org

Address: Sir H. N. Reliance Foundation Hospital & Research Centre,
Prarthana Samaj, Girgaon, Mumbai - 400 004

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